

**Disclosure Summary**  
**Title: Opioid Update – What Every Provider Should Know (2025)**  
**CME Presenter and Planning Committee Disclosure Report**

INTEGRIS *Health* Continuing Medical Education Department must ensure balance, independence, objectivity and scientific rigor in all its activities. We have implemented a process where everyone who is in a position to control the content of an education activity has disclosed to us all relevant financial relationships with any commercial interest. In addition, should it be determined that a conflict of interest exists as a result of a financial relationship one may have, this will be resolved prior to the activity. This policy is designed to provide the target audience with an opportunity to review any affiliations between the CME organizers/presenters and supporting organizations for the purpose of determining the potential presence of bias or influence over educational content. The following is a summary of this activity's disclosure information.

| <b>CME Role</b> | <b>First Name</b> | <b>Last Name</b> | <b>Disclosures</b>                                             |
|-----------------|-------------------|------------------|----------------------------------------------------------------|
| CME Presenter   | Jeffrey           | Cruzan, M.D.     | I have no financial relationships or affiliations to disclose. |
| CME Presenter   | Eric              | Dedeke, M.D.     | I have no financial relationships or affiliations to disclose. |
| CME Presenter   | Chelsey           | Gilbertson, D.O. | I have no financial relationships or affiliations to disclose. |
| CME Presenter   | Sophia            | Silvernail, J.D. | I have no financial relationships or affiliations to disclose. |
| CME Presenter   | Atul A.           | Walia, D.O.      | I have no financial relationships or affiliations to disclose. |
| CME Presenter   | Mark              | Keuchel, D.O.    | I have no financial relationships or affiliations to disclose. |
| CME Planner     | Kayley            | Shropshire       | I have no financial relationships or affiliations to disclose. |
| CME Planner     | Jenny             | Holleman         | I have no financial relationships or affiliations to disclose. |

**Steps Necessary to Complete Activity:**

1. Review all documents
2. Watch the video presentation

3. Complete the post-test with at least 80% accuracy
4. Complete the course evaluation

**Original Release Date:** 10.13.2025

**Most Recent Review:** 12.9.2024

**Expiration Date:** 10.12.2028

**Title:** Opioid Update (2025) – What Every Provider Should Know

**Target audience:** All interested healthcare providers

During this presentation, Dr. Walia reviews historical and current information regarding opioid prescribing rates, outlines best practices for pain management and discusses various risk assessment tools. Dr. Dedek presented information about opioid documentation required by Oklahoma SB 1446 and SB 848, reviews the tools developed in EPIC to accommodate screening and documentation, discusses the PMP portal and reviews the Pain Management Agreement. Ms. Silvernail reviews requirements of SB 1446 and SB 848, provides definitions and examples of various terms used in both statutes and outlines the oversight and disciplinary power granted to licensing boards. The final segment of the presentation is a question and answer session.

**Learning Objectives:**

- 1) Review documentation and prescription requirements related to Senate Bills 1446 and 848.
- 2) Describe opioid documentation process in the electronic medical record.
- 3) Understand how to assess for opioid use disorder.
- 4) Discuss pain management strategies designed to reduce opioid-related patient harm.

**Accreditation and Designation:**

**Accreditation Statement:** The INTEGRIS Health System is accredited by the Oklahoma State Medical Association to provide continuing medical education for physicians

**Designation Statement:** The INTEGRIS Health System designates this enduring material for a maximum of 1.00 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure Statement:** The Presenter/Planners and CME Planning and Review Committee have no relevant financial relationships to disclose. The CME Department has reviewed the speaker's information and has resolved all conflicts of interest, if applicable.

INTEGRIS Health is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's commission on accreditation. This activity has been provided through INTEGRIS Health for 1.00 contact hours if all sessions are attended.

INTEGRIS Health is accredited as a provider of continuing education by the Oklahoma State Board of Licensed Social Workers CEP# 20250008. This offering for 1.00 contact hours has been provided by INTEGRIS Health.

INTEGRIS Health is accredited as a provider of continuing education by the: Oklahoma State Board of Licensed Alcohol and Drug Counselors OBLADC Provider #20260025. This offering for 1.00 contact hours has been provided by INTEGRIS Health.

INTEGRIS Health is accredited as a provider of continuing nursing education by the Oklahoma State Board of Behavioral Health. This offering for 1.00 contact hours has been provided by INTEGRIS Health.

**Author:** Atul Walia, D.O.

**Author biography:** Atul Walia, D.O. is the Medical Director of the INTEGRIS Pain Management Clinic and is a board-certified Anesthesiologist with fellowship training in Pain Management, with a focus on minimally invasive interventional procedures for chronic pain conditions, such as headache, back pain and neck pain. After attending Oklahoma State University College of Osteopathic Medicine, he completed his residency at OU Medical Center and fellowship at Texas Tech University.

Dr. Walia's practice philosophy is to relieve, reduce or manage chronic pain and improve a patient's overall quality of life through procedures specifically designed to diagnose and treat painful conditions. He believes in providing comprehensive patient care and addressing the medical, physical and psychological aspect of each patient.

**Author:** Jeffrey Cruzan, M.D.

**Author biography:** Jeffrey Cruzan, M.D. is a board-certified Family Medicine physician who has been with INTEGRIS since 2001. He completed his medical training at the University of Oklahoma College of Medicine. Dr. Cruzan also serves as President of INTEGRIS Medical Group.

**Author:** Eric Dedeke, M.D.

**Author biography:** Eric Dedeke, M.D. is a board-certified Family Medicine physician. He completed his medical training at the University of Oklahoma College of Medicine and went on to complete residency training at the University of Tennessee Knoxville, serving as Chief Resident. Dr. Dedeke also serves as Ambulatory Physician Lead for the INTEGRIS Informatics team, helping with system initiatives for our electronic medical record system.

**Author:** Chelsey Gilbertson, D.O., MBA

**Author biography:** Chelsey Gilbertson, D.O., MBA is an Osteopathic board-certified Emergency Medicine physician practicing at INTEGRIS Health. She completed her osteopathic medicine

training at Oklahoma State University Center for Health Sciences and went on to complete her Emergency Medicine Residency through the Emergency Medicine Residency program at INTEGRIS Health Southwest Medical Center where she served as chief resident. After completing her MBA at the University of Tennessee, Dr. Gilbertson went on to serve as the Administrative Medical Director for Medical Education, and in 2021 was elected Medical Staff President at INTEGRIS Health Southwest Medical Center. Most recently, she transitioned to INTEGRIS Health Baptist Medical Center as the Chief Medical Officer. In April 2022, Dr. Gilbertson was appointed to the Oklahoma State Board of Osteopathic Examiners. She is the first female physician in the Board's rich history and is currently serving as the Board President. She continues to see patients in the Emergency Department at Baptist Medical Center and is passionate about patient care.

**Author:** Sophia Silvernail, J.D., MHA

**Author biography:** Sophia Silvernail serves as Associate Legal Counsel at INTEGRIS Health. She earned her Juris Doctor (JD) from the University of Oklahoma College of Law and her Master of Health Administration (MHA) from the University of Oklahoma Health Sciences Center.

**Author:** Mark Keuchel, D.O.

**Author biography:** Mark Keuchel, D.O. is an attending emergency medicine physician at INTEGRIS Baptist Medical Center as well as the Medical Director for INTEGRIS Graduate Medical Education. He attended Oklahoma State University for both his bachelor and medical degrees and then went on to complete his Master of Healthcare Administration. Following medical school, Dr. Keuchel began his residency at INTEGRIS Southwest Medical Center where he was selected as Chief Resident in 2016. He served as the Associate Program Director of the residency from 2018- 2022.

### **CME Provider Contact Information**

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